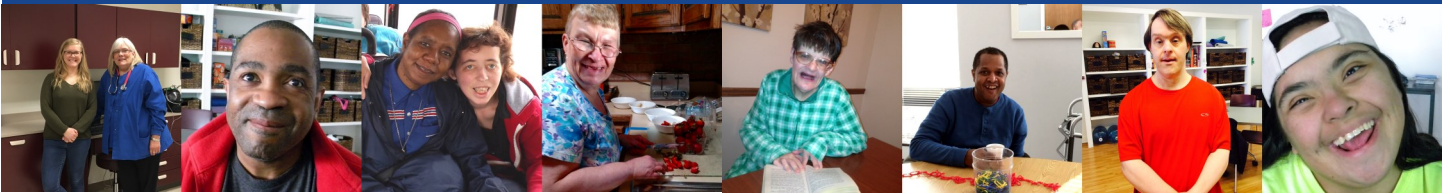


# LIFE BALANCE SERVICES



## LIFE BALANCE SERVICES OVERVIEW

Life Balance Services provide individuals with choices of behavioral health supports and therapeutic services including individual and group counseling and therapy. Services are provided by board-certified and licensed clinicians specializing in providing services and supports to individuals with intellectual disabilities.

Services promote personal growth and development, as well as increased self-esteem and social connectedness.

## ABOUT GLENKIRK

Glenkirk provides quality, lifetime supports and services that empower individuals with intellectual disabilities to participate fully in all areas of community life.

Glenkirk offers a variety of residential, day and employment programs, as well as respite, medical, behavioral and home-based services.

## SPECIALIZED SERVICES INCLUDE

- Assessment and Referral for Services
- Art and Music Therapies
- Individual and Group Counseling
- Skills-Building Psycho-Educational Classes (Including community social skills, anger management, self-esteem building, and emotional awareness)
- Behavioral Intervention (Including assessment, consultation, behavior treatment plan development, and ongoing training, monitoring and support)

## FOR MORE INFORMATION please contact:

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